

FRONT FACING



Step 1: Sit down and place baby on your lap, facing outward.

Step 2: Find the center of the podaegi and place it around the front of baby, wrapping the straps under baby's armpits (have arms out).

Step 3: Pull the podaegi around to the back and cross the straps (just like the front

carry position).

Step 4: Bring the straps over your shoulders.

Step 5: Pull the straps down in front of you and in front of the baby.

Step 6: Cross the straps between baby's legs. You want the straps to actually be in the crotch area on their diaper. It's not actually supposed to go on the legs at all...so the weight on the straps will be on the diaper, not on baby's legs.

Step 7: Pull straps under baby's legs and around back.

Step 8: You can choose to tie it under or over the podaegi in the back.

Alternative

In the picture above, the baby has his arms under the straps that go over his shoulders. If you wish, you may move baby's arms and put them over the straps on their shoulders.

Questions? Please email: omb@ellaroo.com

OTHER HELPFUL INFO

Safety Precautions

~Remember that your baby can reach out with his/her arms and grab things. So use caution if you are around anything dangerous (stove, curling irons, etc.).

~You will soon adjust, but at first when going around corners, sometimes baby is peaking around and will hit their head on the wall, if you turn too close. Be sure to leave enough space to avoid doing that.

~As with every carrier you must always be aware of your child and make sure they are being worn correctly to provide the safest and most comfortable ride.

Age/Weight Limit

~You can start wearing your baby in the front carry position (not front facing) from birth. Be very gentle with the ties. For all other positions, wait until the baby can hold his/her head up.

~These can comfortably hold heavy babies, so it mostly depends on how much you want to carry...35-40 pounds!

Using Your Podaegi

~A podaegi comes in handy when you need to do anything that requires both hands. If you need to clean your house, cook dinner, go shopping—you'll find your podaegi to be perfect for the job.

~It is very comfortable with even very heavy babies. Many babies love to fall asleep "on mama's back". If they aren't feeling well and need an extra snuggle, you'll find this will help give your baby the comfort he/she needs.

Please Note: For instructions with pictures, visit: www.ellaroo.com/podaegi-instructions.htm

Washing Instructions

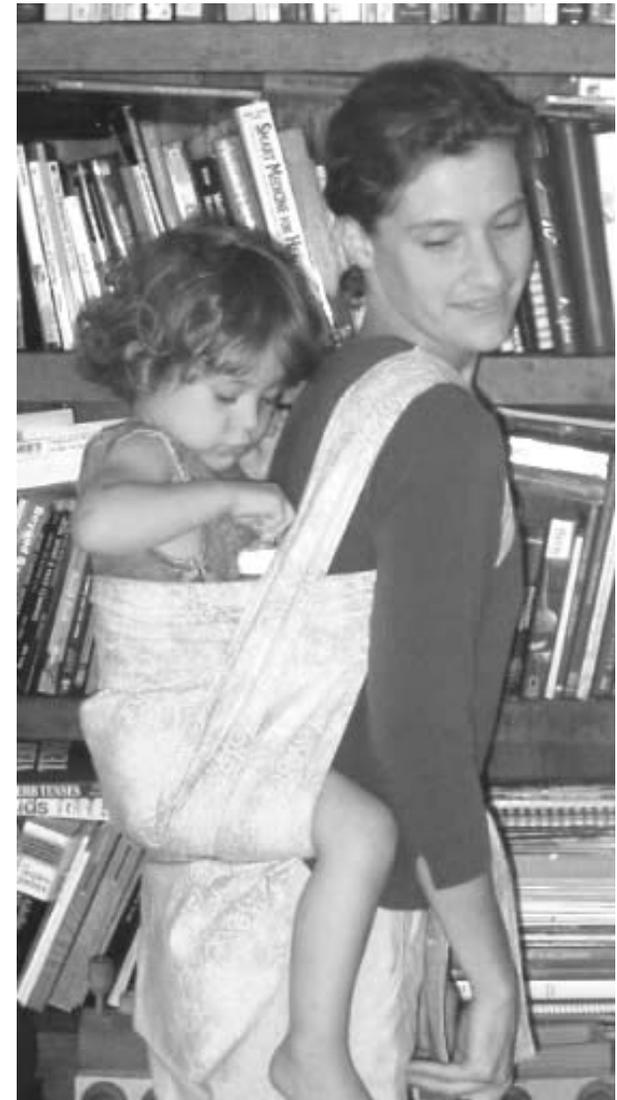
Machine wash cold, delicate. Tumble dry low. Iron as needed.

Pronunciation

"Poe" + "Day" + "Gee"
(as in "gear" without the "ear" sound.)

Èlla Roo

Podaegi Baby Carriers



~Traditional Wide Blanket Podaegi
~New Narrow Blanket Podaegi

FRONT CARRY (WITH STRAPS)



Step 1: Sit down and place baby straddling your lap, facing you.

Step 2: Wrap the podaeqi around both of you, going underneath your armpits around to the back. Place the podaeqi level with baby's neck.

Step 3: Cross the straps in the back.

Step 4: Pull the straps over your shoulders.

Step 5: Pull down and tie under baby's bum. Make sure the podaeqi is feeling snug. You don't want very much space between baby's chest and your chest.

Step 6: Pull around to the back and tie it. Make sure it is tight, but don't make it so tight it is uncomfortable. It just needs to stay snug enough to keep the straps underneath baby's bum.

You're done!! Baby is now comfortably on the front.

Other Information

You can nurse in this position. Depending upon your build, you might need to lower the baby a little to get in the right position. If you are wanting a little privacy, when you put baby in the podaeqi, pull the podaeqi up to hide their face or mouth from passersby, or wherever you feel most comfortable. (Emma is nursing in the picture above.)

BACK CARRY (WITH STRAPS)



Step 1: Stretch the podaeqi out on a large chair or sofa. Place baby on the podaeqi so that it goes all the way up to the base of baby's neck.

Step 2: Pull the straps of the podaeqi around in front of you tightly. While holding the podaeqi straps taut in front of you with one hand, stand up slowly. Always support baby's bottom with the other hand until the podaeqi is completely on. Lean over and boost baby up your back to a comfortable position. Baby's head should be high on your back.

Step 3: You have two options at this point: you can TIE the straps or you can just CROSS the straps above your breasts. Then pull baby close to your back by pulling on the straps. You want as little space as possible without making it uncomfortably tight.

Step 4: Take the straps and pull them over your shoulders going from the front to the back.

Step 5: Pull the straps under baby's bum, and then tie them.

Step 6: Pull the straps around front, tie them, and you're done!

The Traditional Back Carry (no straps) can only be done with the wide blanket podaeqi. All other carries work equally well with the wide or narrow podaeqi.

TRADITIONAL (NO STRAPS)



Step 1. Stretch the podaeqi out on a large chair or sofa. Place baby on the podaeqi so that it goes all the way up to the base of baby's neck.

Step 2. Pull the straps of the podaeqi around in

front of you tightly. For a young infant, you want to make sure baby's arms are inside the podaeqi.

Step 3. While holding the podaeqi straps taut in front of you with one hand, stand up slowly. Always support baby's bottom with the other hand until the podaeqi is completely on. Lean over and boost baby up your back to a comfortable position. Baby's head should be high on your back, a little higher than you want because baby will settle down some when you are finished.

Step 4. Cross the straps across your chest just at armpit level. Make sure the podaeqi fits snugly across your chest, but is not too tight. This is especially important for nursing mothers. If you are having trouble getting it to feel tight enough, fold over the top after you are finished putting it on.

Step 5. Pull straps under baby's bum, and then tie them.

Step 6. Pull straps around front & tie it.

**Use caution, if you are nursing. This position applies a lot of pressure on your breasts. If you are feeling sore, change to a different position that has straps over your shoulders.